

CACFP Short Courses-Draft Agenda

July 11-13, 2006

Iowa State University Campus, Scheman Auditorium
Ames, Iowa**July 11**

Topic	Time	Presenter	Room
Registration	8:30-9:00		
Welcome & Introduction of NFSMI Speakers	9:00-9:15	Rod	
Wash Your Hands	9:15-10:30	Cynthia Winbush	
Break	10:30-10:45		
Food Safety	10:45-12:00	Sandy Sandler	
Lunch	12:00-1:00		
Fruit & Vegetables Galore	1:00-2:30	Cynthia Winbush	
Break	2:30-2:45		
Advanced Shortcuts for Experienced Centers	2:45-3:30	Jaci & Suzanne	
Measuring Success with Std Recipes/Recipe Exchange	3:30-4:30	Sandy Sandler	

July 12-Break Out

Topic	Time	Presenter	Room
Registration	8:00-8:30		
Welcome and Q&A	8:30-9:15	Rod	
Child Care Nutrition Resources or Adult Care Resources	9:15-10:45	CACFP Staff Cynthia Winbush	
Break	10:45-11:00		
Requirements for Center Sponsors or Surviving your CACFP Review/ more Q&A	11:00-12:15	Robin & Suzanne Jaci and Rod	
Lunch	12:15-1:15		
Offer Versus Serve in Adult Day Care or Infant Feeding	1:15-2:15	Marlene Suzanne	
Building Human Resources	2:15-3:15	Sandy Sandler	
Break	3:15-3:30		
Food Purchasing for Centers or Family Style Meal Service / Introducing New Foods	3:30-4:30	Sandy Sandler Suzanne & Robin	

Optional Half Day**July 13****Topic****Time****Presenter****Room**

Food Buying Guide

8:30-11:30

Sandy Sandler

Basic Math

11:00-12:00

Sandy Sandler

There will be a break mid-morning.

**Guest Speakers****The National Food Service Management Institute (NFSMI)****Cynthia Winbush**

Cynthia Winbush is CCEO/President of Winbush Nutrition Solutions, Inc. of Universal City, Texas. Her work experience and professional background provides a broad base of expertise in Child Nutrition Programs—including National School Lunch Program, School Breakfast Program Afterschool Snack Program Child and Adult Care Food Program, Women, Infants, and Children's Program, Head Start Program, and Expanded Food and Nutrition Education Program. Cynthia is a registered and licensed dietitian with more than 18 years experience in food service management and training.

Cynthia served as an Educational Specialist for Education Service Center Region 20 in Texas, a Clinical Dietitian, WIC Nutritionist Supervisor, and Home Economist. Cynthia has presented workshops for numerous organizations, agencies, and school districts. Some of the diverse workshop/presentation topics presented are Compliance Guide for Managers, Food Buying Guide, Menu Planning, Healthy Edge, Food Safety and Sanitation, Financial Strategies, Communication Skills, Managing Employees, and Basic Nutrition.

Her professional memberships include the American Dietetic Association, American School Food Service Association, and Texas School Food Service Association.

Sandy Sadler

Sandy Sadler has a wide range of experiences in food service. She served as Director of Programs for Child Nutrition for the State of Texas, as a vocational food service instructor, and as a food service administrator in commercial as well as healthcare facilities. Her areas of expertise include financial management, procurement, menu planning, and training.

Sandy is enjoying retirement by working harder than ever as a consultant for NFSMI and other agencies.